

# Family Birth Place Education Class Schedule

## December 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 Breastfeeding Class @ 6-8:30pm	5	6	7
8	9 Infant Massage @ 5:30-6:30pm	10 Compassionate H.E.A.R.T.S @ 6:00-7:00pm	11	12	13	14 Prenatal Yoga @ 8:30-9:30am Mom/Baby Yoga @ 10-11:30am
15	16	17	18	19	20	21 Prenatal Class @ 9:00-3:30pm
22	23	24	25	26	27	28
29	30	31				

\*To sign-up for classes, call the Family Birthplace Education 715-685-5332 or email: [prenataleducation@ashlandmmc.com](mailto:prenataleducation@ashlandmmc.com)

\*\*Check out Memorial Medical Center's Facebook page for most current up to date times and changes