

Right Here

A Monthly Newsletter for the Staff of MMC



Jason Dylus

President's Message

Dear Staff:

This month marks a new beginning on multiple fronts! First, our new cafeteria will open Tuesday, September 4. We're taking advantage of this new space to celebrate all of the great work that our staff has done this past year around Joint Commission, construction, quality patient care and in moving the organization forward. Please enjoy lunch or dinner on us catered by Sixth Street Market. In addition, we are giving all staff a \$15 clothing corner voucher to use between September 4 and October 4 in our clothing store. Additional details on how to access this gift can be found on page 8 of this newsletter.

Also this month, Orthopedic Services of MMC is open. This follows our Gynecology and Obstetric Specialty Services opening late last month. As part of our marketing efforts to get the word out about these services, our True North Community Team, also known as Team Wayfinders, has developed a Word of Mouth Program (WOMP). This month, informational cards about our orthopedic surgeons will be distributed to staff. The second WOMP topic is our new child psychiatrist, Dr. Elizabeth Homan. You can read more about her on page 7 of this newsletter. Last month, we distributed cards about our OBGYN. Please take a moment to check them out and share information about these exciting new services with our friends and neighbors. As you know, you are our greatest ambassadors and are critical to the success of these programs.

If you are interested in learning more about other exciting initiatives going on



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**Memorial
Medical Center**

Right here in the place we love.

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President's Message, continued from page 1

at MMC, I encourage you to attend our CEO/Employee Forums this month. We'll have our usual updates around strategic priorities, finance, construction and some additional updates. More importantly, this is an opportunity for me to hear from you about what's on your mind.

Finally, this past month we hosted our 30th annual 55+ Health Expo. This is the largest event we put on for our community. I know this year we had over 50 staff involved in the event, from planning to parking volunteers, showcasing services and offering free health screenings. It is because of this commitment to our organization and community that we are able to pull off such a wonderful community event.

Looking ahead, if you are looking to get more involved in the community, we have several great volunteer opportunities coming up. The first is our Recovery Picnic on September 15. And then in October, we're once again the title sponsor of the MMC Whistlestop Marathon/Half-Marathon and Cruising the Corridor. Look for additional information on how you can get involved in either of these events in this newsletter and in the coming weeks. I know our community appreciates our involvement and so for everyone who does volunteer, thank you.

As always, thanks for the great work you do each and every day.



Jason Douglas



Upcoming Events

CEO/EMPLOYEE FORUMS

Please attend one of these sessions:

Thursday, September 6
7:30 AM, 11 AM and 2:30 PM
Stockton/Gull Island Meeting Room

Monday, September 10
11 AM and 1 PM
Stockton/Gull Island Meeting Room

Thursday, September 13
12 Noon
BHS Commons
2:30 PM
Stockton/Gull Island Meeting Room

Snacks will be served.

Enter to win a door prize!

Get your passport stamped.

CELEBRATION OF GREAT WORK & CAFETERIA OPENING

**Tuesday, September 4
11 AM - 1 PM & 4 - 6 PM
New MMC Cafeteria**

Free food from Sixth Street Market & cupcakes from Coco's! Brought to you by Nutrition Services.

Visit the intranet anytime from Sept. 4 - Oct. 4 to learn how to claim your FREE clothing item as a thank you for all your hard work over the past year with The Joint Commission, HCAHPS achievements, new services, building projects and more.

Our Staff Makes Us Strong!

FREE DIABETES PREVENTION CLASSES

Thursday, September 6

Wednesday, October 10

MMC Campus

Learn about pre-diabetes risk factors and treatment to prevent Type 2 Diabetes with Certified Diabetes Instructors: **Debra Ollanketo, Education** and **Rebecca Crumb-Johnson, Nutrition Services**. To sign up or learn more call Ext. 5460.

JUMP ROPE FOR HEART

Saturday, September 8

10 AM - 12 Noon

Ashland Farmer's Market

Learn jump rope skills, how your heart works, and raise money to help kids with special hearts. Free ice cream! Or if you are interested in volunteering for this event, please contact Lisa Jablonski at the Vaughn Library: lleplavy@coawi.org, or call the library: 715-682-7060.

(more events on page 3)

More Upcoming Events

LET'S GOLF HAPPY APOSTLE HIGHLANDS GOLF COURSE JULIE HANSEN MEMORIAL TOURNAMENT

Sunday, September 9
1 PM Shot Gun Start

**Apostle Highlands Golf Course,
Bayfield**

Fundraiser to support Hope Lodge and Northwest Wisconsin Cancer Center's compassionate care fund. \$70 per golfer. Includes 18 holes with cart and dinner. Non-Golfers welcome. \$15 for dinner only.

Raffle & Door Prizes! Go on the intranet for registration sheet and more info or call the golf course at 715-779-5960.



VOICES FOR RECOVERY COMMUNITY CELEBRATION & PICNIC

Saturday, September 15
2 - 6 PM

Prentice Park

Share your recovery story or hear about others, have a taco buffet, enter the talent contest. Music, face painting, raffle and more! If you want to volunteer for this great cause, call **Kaye Lani, BH** at Ext. 5403.

MEET THE NEW ROBOT & THE TEAM BEHIND IT Thursday, September 20

Choose from three sessions:
8 - 9 AM • 11 AM - 1 PM • 3 - 4 PM
Stockton/Gull Island

MMC recently invested in the NAVIO Surgical System which will allow our orthopedic surgeons to offer robot-assisted total and partial knee replacement surgery. Come meet Dr. Joseph Signorelli and Dr. Justin Cummins, and see how the machine works!

THIRD THURSDAYS SUMMER FUN SERIES - EVENING WALK

Thursday, September 20
5 - 6:30 PM

Meet at Solstice Outdoors

Sprint, stride, jaunt or stroll. All paces welcome on a walk for all ages along the lake. Please sign up, by calling **Rebecca Crumb Johnson, Nutrition Services** at Ext. 5463. *Brought to you by the MMC Health Promotion Team.*

ALZHEIMER'S WALK Saturday, September 22

8 - 10:30 AM

Bayview Park, Ashland

If you are interested in joining the team or walking to support Alzheimers, contact **Kaye Lani Hebert, BHS** at Ext. 5403.

FRIENDS AND FAMILY CPR

Monday, September 24

9 - 10 AM • 12 - 1 PM or 4 - 5 PM

Tuesday September 25

9 - 10 AM or 12 - 1 PM

Stockton/Gull Island

For any interested MMC staff. Learn Hands only CPR in less than one hour. If you have wanted to learn one rescuer CPR and how to use an AED, here's your chance. Talk to your co-workers and attend together. Sign up by calling Ext. 5175.

MMC WHISTLESTOP MARATHON AND HALF MARATHON & CRUISIN' THE CORRIDOR 5K/10K RUN - WALK

Saturday, October 13

Volunteers are needed for this event! If you are interested in being part of the registration packet pick up/MMC prize wheel table the evening of October 12, email **Todd Reynolds, IS:** treynolds@ashlandmmc.com.

If you want to help out the day of the race, contact Joanne at the Ashland Chamber of Commerce at 715-292-7656. Check the intranet for more information about Whistlestop volunteer needs.

More details about the race can be found at: whistlestopmarathon.com.



All in the Family

Susan Horton, Education attended the Supervisor's Role as Trainer & Coach workshop on July 30. She learned about constructive criticism and engaging staff, also how to motivate and maintain control at a training session with different types of learners.

Ashley Verkinderen, Rehab Services attended the continuing education class called Hand Therapy & Beyond the Basics on August 4 - 5. She received a certificate of completion. The class focused on the effect of immobilization during healing versus movement and stress; analysis of current therapeutic techniques for mobilizing tissue and use of many edema mobilization techniques.

Andi Manzer, ED was appointed to the state level Sexual Assault Response Team (SART), and attended their first meeting on August 21 in Madison. Andi is an amazing person within our community and MMC, and plays an active role in advocating for victims of sexual assault. We are so proud of her! Learn more about the Sexual Assault Response Team on the Wisconsin Department of Justice website: doj.state.wi.us.



Congratulations to the **Northwest Wisconsin Cancer Center!** The infusion nursing team was recently recognized for achieving one of the highest rankings in the country around quality of patient care, as ranked by the Professional Research Consults (PRC). The survey addresses and looks at the overall quality of care received and patient's responses to questions around staff explaining treatments and tests, discharge instructions and staff's overall understanding and caring. Rankings within these areas have always been high at NWCC, but in the past five quarters they ranked in the top 10% in the nation in terms of patient satisfaction for Quality of Patient Care. Congratulations

and thank you for your hard work! Pictured here are team members: **Vicki Galik, Denise Lipska, Leah Blakeman, Katie Zak, Jenny Mrnak, Heidi Osness** & Clinic Manager, **Terri Kramolis**. Not pictured are nursing team members **Kendra Whallin** and **Liz Kuchinka**.





Partnership for Learning

MMC recently asked local law enforcement to meet with staff regarding patients in police custody. We wanted to better understand specific laws and reinforce our own policies related to our role in caring for these patients. This is another great example of the supportive partnership we have with the APD.

Mike Caven Retires



In April of 1979, Mike began his MMC career as the Director of Cardiopulmonary Services and has continued in that role for over 39 years. He came on board with extensive experience, initiative and energy and has maintained the utmost respect from fellow employees, physicians and patients. Mike spearheaded the development of the cardio department, which has grown from a one-RRT operation to a top-notch team. During his career he kept abreast of new developments in the field and promoted positive changes in diagnostic and therapeutic services in order to meet the changing needs of patients. During all these years, Mike has maintained a positive, caring and respectful attitude in relatively “easy” times as well as intensely chaotic times.

In his retirement, first and foremost, Mike looks forward to spending more time with his beautiful family. He also hopes to make use of his camper more often. (He has had it for three years and has had time to use it only four times.) He anticipates spending a great deal of time in his tree stand and expects to enjoy calm, wonderful days in his boat on the Big Lake.

Mike, we will miss you and fully expect visits so you can share your adventures in retirement. (Please bring pictures.) We wish you the very best!





100th Robotic Assisted Surgery

Periop celebrated a great milestone in August. The team successfully completed 100 surgeries using the DaVinci robot. Congratulations on a job (actually 100 jobs) well done!

Grandview Firehouse 50 Bike Race



Thank you to all of our staff who volunteered at the Firehouse 50 this year. And to everyone else who has volunteered their time to help out in our community, make sure you are sending your reported hours along with a photo to **Todd Reynolds, IS** at treyolds@ashlandmmc.com. You can be one of the next VolunTEER winners! Log onto the intranet and go under the Volunteer Opportunities tab to learn more.

Did you know...

Effective immediately there is no longer a \$100 per pay period limit on purchases that can be made with Deduct-It. Please be mindful that you are still responsible for all purchases made in a two-week pay period and the total will be deducted from the direct deposit immediately following the ending date of the pay period in which the purchases were made.



Behavioral Health Services of Memorial Medical Center to Offer Child Psychiatry Services



Child and Adolescent Psychiatrist Elizabeth M. Homan, MD, MPH will be offering child and adolescent psychiatry services via telehealth at Memorial Medical Center (MMC) in Ashland. Child Psychiatry has been identified as a major need in northwest Wisconsin as there are currently no child psychiatrists in the area. Dr. Homan will work with a team of providers within Behavioral Health Services of MMC to provide evidence based, high-tech, integrated care.

“Dr. Homan has dedicated her career to serving children and adolescents in rural communities. She is passionate about helping youth achieve their full potential and has experience providing this service via telehealth,” says Tom Jensen, Director of Behavioral Health Services.

Dr. Elizabeth Homan is certified by the American Board of Psychiatry and Neurology in both General Psychiatry and Child and Adolescent Psychiatry. She attended medical school at the University of Illinois Chicago College of Medicine and received a Master of Public Health from the University of Iowa College of Public Health. She went on to complete her residency in Psychiatry at the University of Miami/Jackson Memorial Hospital and a fellowship at the University of Iowa Hospitals and Clinics. She formerly practiced at Essentia Health in Duluth, where she directed the expansion of mental health services for Autism Spectrum Disorder, including initiation of a Multidisciplinary Autism Evaluation Clinic.

“I’ve always been drawn to working with kids,” says Dr. Homan. “I’m motivated by the resilience they show. I enjoy working with the parents, families and the systems that are important in a child’s development. It is thrilling for me to work with kids and families to help them recover and move forward in life.”

In addition, Dr. Homan is committed to improving the health of rural communities. “I’m from a rural area in Illinois. I have a passion for rural communities and want to play a larger role in decreasing health disparities for our families and neighbors. I’m excited to be a part of the team to build children’s mental health resources here in northwest Wisconsin.”

Know anyone looking for a job? MMC is now hiring for the following positions:

- Cook
- Perioperative Services Registered Nurse
- Marketing/Communications Specialist
- Physician Assistant-Orthopedic Specialty Services
- Perioperative Services Nurse Manager
- IS Helpdesk Technician
- System Analyst II
- Adult Psychotherapist
- Infection Preventionist
- Respiratory Therapist
- Licensed Psychologist
- Certified Registered Nurse Anesthetist
- Nurse Practitioner or Physician’s Assistant

Job descriptions are on our website: ashlandmmc.com



Word of Mouth Promotion

Submitted by True North Team Wayfinders

We're excited to announce we have two new word of mouth promotions (WOMP) coming out this month! In September, we'll be sharing our latest WOMP cards focused around orthopedic services of MMC & our new Child Psychiatrist, Dr. Elizabeth M. Homan. Please look for the informational cards on the intranet or ask your department head about getting a copy. We will distribute them at the next leadership meeting. They will also be available at the CEO/Employee Forums.

WHY PARTICIPATE?

As you know, staff is the greatest asset of MMC. We're relying on you to help us get the word out about some of the great new services we're offering. Not to mention, those who participate have a chance to win chamber dollars. How's that for easy cash? Each quarter, we'll draw 3 winners from any of the active cards we've received during that quarter. Our first drawing will take place on October 1 so be sure to turn your cards in soon!

PLUS...

Don't forget that we still have our VolunTEEr program going on as well. If you have volunteered at all in July, August or September, be sure to let Todd Reynolds know by emailing him the hours at: treyolds@ashlandmmc.com. Our next chamber dollar drawing for that is October 1 as well.

A Celebration of Great Work

Administration wants to say a big THANK YOU to all staff for their great work. Visit the MMC Clothing Corner between September 4 and October 4 and receive a free \$15 item or credit towards the item of your choice. Please use the coupon code: **celebrate**.

We've added over a dozen items under \$15 that will be shipped to you for free or you will receive \$15 off anything in the store. Please note, due to the large volume of this order, items will not be received until mid-November. We will keep you updated on the delivery date(s) via the portal and newsletter.

The MMC Clothing Corner can be accessed via the portal or at:

<https://shop.hiddenbaygraphics.com/collections/ashland-memorial-hospital>.

Please note, the coupon code: **celebrate** can be used multiple times so please be sure to use it only once. If you have any questions, please contact Marketing at Ext. 5186



Sports Physicals Offered

Special thanks to **Jill Sauld, Nursing, Melissa Malmberg, Nursing, Cindy Belanger, Cardiac Rehab** and **Dr. White, ED** for setting up the free sports physicals clinic during the morning of August 24. Seven area AFS students and several other children were given the green light to get on the field (or court) this fall. In lieu of payment, parents brought a good amount of donations for the Brick food pantry. What a great service to provide for our community.

MMC Team Alzheimers

Our MMC Team Alzheimers raised \$325 at their last bake sale in August. The annual Alzheimer's walk is September 22. Check the Upcoming Events section of this newsletter for more details.



CONGRATULATIONS!!

Brittany Deegan, BH shared this adorable photo of her now 3 month old baby girl, Birklee. What a cutie pie!



Construction of the new entrance to Specialty Services of MMC in the Professional Arts Building is almost complete. If you get a chance, please walk over and check out the new ENT Services space on the first floor as well as the Gynecology & Obstetric Specialty suite on the second floor of the PAB. Both areas are very impressive. Wonderful work was done by all involved.



55+ Health Expo

The 55+ Health Expo was a huge success this year. Over 800 people attended. New this year was a well received bike demo presented by North Coast Cycling Association in the Bretting Community Center parking lot. Thank you to all of the volunteers and everyone who contributed in any way. This is one of the major summer events in our area for the 55+ crowd and it is a big production that takes many different people working together to make it what it is: A GREAT EVENT!!!



(more photos on page 11)



More Photos from the 2018 55+ Health Expo





STAR

Service

Teamwork

Accountability

Respect

**Every encounter,
every person,
every time.**



**Memorial
Medical Center**

Right here in the place we love.



Jill Gibbon, Rehab Services
volunteers as a coach for the
Chequamegon Bay Area
Soccer Club.

Got Photos?
Submit them to *Right Here!*

We'd love to highlight your favorite photos.
Send us your best photo of volunteering in our
community or some of your favorite
milestones of you and your family.

Email your pictures as JPG files to
krdeering@ashlandmmc.com