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A Monthly Newsletter for the Staff of MMC



Jason Douglas

President's Message

Back to school season! I can't believe it's the end of summer already. I hope you were able to get out and enjoy some of the beautiful days we had these last months. I really enjoyed seeing staff at our recent Employee Wellness Picnic at Kreher Park the other week – it's always so nice to see our MMC family off-site with their own families.

Some exciting news as our MMC services grow – we're pleased to announce that Dr. Larry Munch, a urologist, and Dr. John Watkins, an orthopedic surgeon, will both be joining Specialty Services of MMC in October. It's really cool to see our team growing, and more information on these providers will be available over the coming weeks.

We're looking forward to an exciting fall with our 50th Anniversary Celebration on Saturday, October 1! We're celebrating with a community event for everyone to enjoy, plus some fun staff activities that week leading up to the event. At the community event, we'll have food stations, a mobile coffee shop, live music, kids' activities, and more. Be sure to check the portal for ways you can help volunteer at this fun event – and be sure to spread the word!

September is National Recovery month. There will be a Voices for Recovery Picnic on Saturday, September 17 at Prentice Park. This is an annual celebration for our

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recovery community hosted by MMC and other local agencies. Everyone is welcome to attend.

Can you believe it's also flu shot season? Employee Health is gearing up to provide flu shots for our staff by designating certain dates/times/locations by department. Be sure to check the portal for information on when your department is slated to receive flu shots. Please help MMC reach our organizational Quality goal of at least 90% of our staff getting the flu shot this year. This staff flu vaccination data is a publicly reported measure that we share with the Federal Centers for Medicare & Medicaid Services (CMS). Remember, you can complete your pre-consent form in Immuware to save some time – that's what I plan to do!

A note on our ongoing rebranding project: As a refresher, back in 2020, the Boards of Directors of both HAMH and MMC started paving the way for a stronger, single identity between the two organizations. While REI has existed as our parent corporation since the 80s, it's time to share that alignment with the rest of the community and make it even better. We're excited to announce we'll do this with a joint rebrand.

You can visit ashlandmmc.com/rebrand for more information, answers to questions, or to submit your own questions. We're excited to bring you along on this journey—it's time to grow with us!

With gratitude,



Jason Douglas, CEO of MMC



MISS ELLIE'S FOUNDATION SEASON OPENER FUNDRAISER

**Sunday, Sept. 11 • 12 PM Raffle Begins
3:30 PM Kickoff of Football Game
Neighborly Bar**

Former MMC staff member, Ellen Hodgson's family is raising money for the Miss Ellie's Gift of Life Foundation that provides academic scholarships to Ashland High School grads in her honor.

- Watch the Packers vs. Vikings at 3:30 PM.
- Try your luck at the 50/50 raffle.
- Lunch provided by the Neighborly Bar.
- Winners announced at half time of the game.
- Direct donations to the Foundation can be made at: misselliefoundation.org.

Upcoming Events

VOICES FOR RECOVERY COMMUNITY PICNIC

**Saturday, Sept. 17 • 11 AM - 3 PM
Prentice Park**

Everyone is invited to attend this celebration of recovery in our community. Don't miss the opening ceremony at 11 AM. Walking tacos will be served. Try your luck at one of the raffles, make a bracelet and enjoy live music. Find Voices for Recovery-Chequamegon Bay on Facebook for more information.

The Recovery picnic is brought to our community by:



Upcoming Events (continued)

NWCC BOOK CLUB START UP

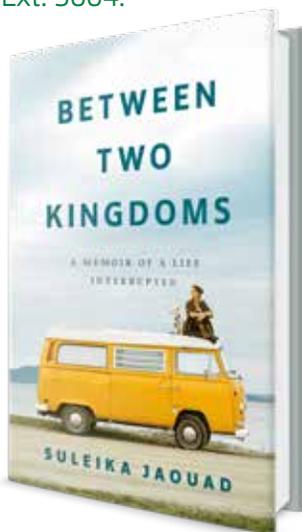
Tuesday, Sept. 20 • 2 - 3 PM

North/South Twin Island Meeting Room & Zoom Option

Patients, caregivers & loved ones impacted by cancer are invited to join the Tales of Triumph & Support book club meeting the third Tuesday of every month.

This month's book is: *Between Two Kingdoms: A Memoir of a Life Interrupted* by Suleika Jaouad.

Questions or want to join? Contact **Laura Martinsen, Social Services** at Ext. 5004.



MMC 50TH ANNIVERSARY CELEBRATION

Sat., October 1 • 11 AM- 3 PM

In Front of MMC

Festivities include a vintage root beer float stand, a classic cookout, a complimentary "MMC exclusive" latte from Antler Specialty Goods, live music, kids activities, and more!



Volunteers are needed for this event. Check the portal for more information.

MEMORIAL MEDICAL CENTER WHISTLESTOP MARATHON AND HALF MARATHON

Saturday, October 15

We are the title sponsor for the WhistleStop races again this year. For more information or to register go to whistestopmarathon.com.

Do you want to help out during the race as a flag person or water station attendant? Contact JoAnn Erickson at the Ashland Chamber to sign up to volunteer: 715-682-2500, or email her at officemgr@visitashland.com.

FALL 2022 NURSING UPDATES

October 7, 13, 21, 27, & Nov. 4

MMC Campus



Every year all of our nursing staff gather for training, education and updates that pertain to their profession as a whole and to particular topics specific to MMC.

You may notice increased activity and foot traffic in the hallways on these training days, especially in ground floor meeting room areas.

All in the Family

Monica Bigo, Nursing attended the Preceptor Training Program on August 9 - 10. She received her Preceptor Certification. The workshop focused on building teaching and mentoring skills to engage new employees and help them gain competence and confidence in the workplace.

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All in the Family (continued)



Kristina Spencer and Emily Blazek, BHS are now certified Psychiatric Mental Health Nurses (PMHNs). This is a nationally recognized psychiatric nursing certification. PMHN nurses work double duty providing both physical and mental health care to a broad range of patients. They are skilled in treating anxiety, depression, bipolar disorder, PTSD, schizophrenia, and substance abuse, to name a few. Congratulations and great work ladies!

MMC Offers Sports Medicine Services

Thank you to everyone who came together and volunteered their weekends to help with the free sports physicals days. MMC providers completed 110 physicals for school athletes in our area!

As the 2022/2023 school sports programs gear up, we will be promoting sports medicine services as an option for all area athletes, school age and beyond here at MMC.

Our sports medicine services include post-concussion care, physical therapy, sports medicine orthopedic surgery led by Dr. Cummins and the MMC orthopedics team, nutrition education, and a front line presence working with school athletes in the form of MMC-contracted Ashland High School **Athletic Trainer, Sheila Bartelt.**

Other services at MMC that could be useful to athletes are podiatry, ophthalmology, behavioral health services including therapy for eating disorders, and urology services.

If you or someone you know has a student athlete that needs care, consider referring them to one of our MMC sports medicine specialists right here in Ashland. No need to travel far or go to several different locations for sports medicine care.



Events in Review



The 55+ Wellness Day walk-through event at the AHS parking lot was a huge success. Thanks to everyone who volunteered and presented for the event. Over 400 people attended!

Check out the portal for more great photos from the 55+ Wellness Day and the Employee Wellness staff picnic.



Thanks to the True North Employee Wellness team for hosting a fun evening picnic at Kreher Park for all of our staff!





STAR

Service

Teamwork

Accountability

Respect

Every encounter,
every person,
every time.



**Memorial
Medical Center**

Right here in the place we love.



Winter loves to collect pop tops and this was his recent haul to the Ronald McDonald House. Thanks to everyone who has been collecting. Please continue to save your pop tops from cans and bring to Winter's mom, Kaye Lani Hebert, BHS.

To learn more about this pop top charity visit rmhccoastalempire.org.

Got Photos?
Submit them to *Right Here!*

We'd love to highlight your favorite photos. Send us your favorite photos of anything related to our community, or any milestones of you and your family.

Email your pictures as JPG files to krdeering@ashlandmmc.com